

Mealtime Miseries: Management of Complex Feeding Issues

April 20 and 21, 2018

8:30 a.m. to 4:30 p.m. each day

Course Objectives -

- Identify the foundation of the TR-eat™ model.
- Identify variables that produce complex pediatric feeding problems including: medical, oral motor and behavioral.
- Identify feeding interventions across developmental stages.
- Differentiate between select behavioral strategies including shaping, chaining and fading as a catalyst to enhance oral motor and therapeutic skill building.
- Implement texture grading techniques and apply them to the process of making pureed table foods for children weaning from tube feedings and learning how to chew.
- Recognize treatment strategies for “picky eaters”, including those with autism, using behavioral interventions.
- Identify methods to improve problem solving skills through careful analysis to determine the most effective treatment plan to maximize desired outcomes.

Schedule:

Day One

- 7:30-8:00 – Registration/breakfast
- 8:00-9:45 – Review of feeding development birth-24 months (video examples). Identification of common etiologies related to feeding problems and challenges. Feeding difficulties for the “new” feeder – Evaluation/treatment (medical management, formula, positioning) with case studies
- 9:45-10:00 – Break
- 10:00-11:30 – Continue evaluation/treatment for the “new” feeder (oral-motor interventions, introducing spoon feeding) with case studies
- 11:30 - 12:30 – Lunch (on your own)
- 12:30 - 2:30 – Practice spoon placement and handling techniques, squeeze bottle use and preparation of smooth pureed table foods
- 2:30 – 2:45 – Break
- 2:45 - 4:30 – Introduction and application of behavioral principles, clinical problem solving, case examples

Day Two

- 7:30-8:00 – Registration/breakfast
- 8:00-9:45 – Continuation of application of behavioral principles, clinical problem solving, case examples. Feeding problems and interventions for the “advanced” feeder (baseline evaluations, positioning, texture grading – preparation of texture graded pureed/chopped table foods, teaching chewing skills)
- 9:45-10:00 – Break
- 10:00-11:30 – Continue interventions for the “advanced” feeder (teaching chewing skills, addressing food packing behavior, introduction of self-feeding) with case studies
- 11:30-12:30 – Lunch (on your own)
- 12:30- 2:30 – Continue interventions for the “advanced” feeder (self-feeding, cup drinking, straw drinking) with case studies. Treatment techniques for children with autism and the “picky” eater (food fading, systematic desensitization, structured mealtimes, reward programs) with case examples
- 2:30-2:45 – Break
- 2:45-4:30 – Continue treatment techniques for children with autism and the “picky” eater (food fading, systematic desensitization, structured mealtimes, reward programs) with case examples