

This 1.5-day event will feature expert presenters covering a variety of topics including seniors' cognitive, physical, emotional and environmental well-being.

### Location

Central Lions Recreation Centre  
1113 113 Street  
Edmonton, Alberta  
FREE PARKING

Register online at  
[www.saot.ca](http://www.saot.ca)

You will need to select your sessions during the online registration process.

Lunch is provided on June 21, 2019  
Refreshment breaks are provided both days.



The Society of Alberta Occupational Therapists (SAOT) is proud to present this inaugural Health Professionals Mini Conference.

*SAOT is dedicated to the well-being of all Albertans.*

P: 780-803-0350  
E: [info@saot.ca](mailto:info@saot.ca)

[saot.ca](http://saot.ca)

*Bringing Seniors into*  
**FOCUS**  
HEALTH PROFESSIONALS  
MINI CONFERENCE

JUNE 21 & 22, 2019

Central Lions Recreation Centre  
1113 113 Street, Edmonton, Alberta

[seniors2019.ca](http://seniors2019.ca)



**FRIDAY, JUNE 21, 2019**

**Opening Remarks**

*Sheree T. Kwong See, PhD  
Alberta Seniors Advocate*

**Concurrent Sessions**

**9:00 am**

**1. Housing for Everyone**

*Ron Wickman, BA, BEDS, Mrach, AAA,  
Architect, MRAIC*

**2. Challenging Balance and Building Strength  
the Bender Ball Way**

*Leslie McEwan, Older Adult Training Specialist*

**10:30 am**

**1. Communication Tools to Enhance Care**

*Mark Marcynuk, BSC PT, PCC, University of Alberta,  
International Coaching Federation*

**2. Can Specifically Designed Physical  
Therapy Decrease Progression of  
Dementia?**

*Salma Murji, MD CCFP*

**1:00 pm**

**1. The Capacity Assessment Journey:  
Avoiding Pitfalls and Barriers**

*Paul Huget, MScOT*

**2. Senior Driving and the Road Forward**

*Alina Schneider, MScOT*

**3:00 pm**

**1. Providing Cultural Safety: Bathroom  
Assessments with Moose Carcasses and  
Other Adventures in Occupational Therapy**

*Caitlyn DeBruyn, MScOT*

**2. Working with the Aging Indigenous  
Population**

*Jessie Redcrow, B.Sc.OT, OT(c)  
& Holly Calliou, BScN, RN*

**SATURDAY, JUNE 22, 2019**

**Concurrent Sessions**

**8:30 am**

**1. Resilience in Mental Health with Seniors**

*Dr. Leon Kagan, MD, CCFP, FRCP*

**2. Biopsychosocial Recovery from Pain for  
the Older Adult**

*Bonnie Klassen, MScOT*

**10:30 am**

**1. Cannabis for Chronic Pain**

*Dr. John Pereira*

**2. Aging, Trauma, and Life's Vicissitudes**

*Dr Udeme Akpan, MD, MBCH B, DIH,  
MRCPsych (UK), FRCPC, European Certificate in  
Affective Neurosciences*

**Detailed session descriptions  
can be found at  
[seniors2019.ca](http://seniors2019.ca)**

**Exhibitors and Vendors**

**June 21 & 22, 2019**

**Auditorium & Atrium**

**Aging Well  
at home**

**HEALTH FAIR FOR SENIORS  
AND CAREGIVERS**

**SATURDAY, JUNE 22, 2019**

**8:30 am to 4:00 pm**

**Auditorium & Atrium**

As an exciting addition, the event includes a one-day health fair open to seniors and their caregivers. This event provides the opportunity to connect seniors, caregivers, health care professionals and vendors to information, products and services geared to the well-being of older adults living at home.

**Free of Charge – No Registration Required**

**Featured Presentations:**

- ◆ **The Road to Retirement:  
When is the Right Time to  
Stop Driving?**
- ◆ **Understanding Dementia**
- ◆ **Housing for Everyone**
- ◆ **Recovery from Pain for the  
Older Adult**
- ◆ **Capacity 101: What Everyone  
Needs to Know**