

Consultations & support for Albertan Health Professionals Managing Chronic Pain Clients:

The AHS Chronic Pain Centre Physiotherapy & Rehabilitation Teleconsult Service.

Background, Who We Are, What We Do.

Health professionals in Alberta are faced with pressures to deliver quality care, reduce waitlists, improve efficiency and enhance patient access to care while utilizing existing resources. Many of us are exploring non-pharmaceutical treatment options for chronic pain. It is useful to have some support and guidance while considering these options. The CPC has a long history of working with the Primary Care Networks and with the Physician Teleconsult Service, so creating a Physiotherapy & Rehabilitation Teleconsult Service is a natural progression of community partnerships.

Based out of the AHS Chronic Pain Centre in Calgary, The Physiotherapy & Rehabilitation Teleconsult Service is a resource for medical, paramedical and health & wellness professionals in both public and private practice. It is available to all health care professionals in Alberta who are seeking more information regarding the management of their chronic pain caseload. Callers can choose to book a teleconsult with either a physiotherapist, occupational therapist or kinesiologist. Your call is confidential and no personal patient information is exchanged. The following topics are some examples of potential inquiries: non-pharmalogical treatment options for chronic pain, early identification of flags for patients vulnerable to developing chronic pain, treatment planning, trouble shooting, access to & way finding of existing services and guidance regarding appropriate referrals to the Chronic Pain Centre.

This program has a dual purpose, to ascertain the needs of health care professionals while helping to support best practices. The data collected will help shed light on what kind of information and support health professionals need to help optimize patient care. The ultimate objective is to increase efficacy of existing resources, reduce waitlists and help to support health professionals so that Albertans may lead higher functioning better quality lives.

To book an appointment call **403-943-9900**. Allow for up to 30 minutes in your schedule. As a follow-up to the service, callers will be sent a brief Survey Monkey questionnaire regarding the quality of your experience including an opportunity for callers to provide feedback & suggestions regarding what knowledge, resources & tools they think health professionals need to optimize care.